



# Passport to English

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## Adverbs of Frequency

How often do you \_\_\_\_\_?

**always** - 100% of the time

**usually** - Approximately 80% of the time

**sometimes** - Approximately 50% of the time

**rarely** - Approximately 20% of the time

**never** - 0% of the time

The adverb of frequency goes before the verb except for the verb "to be". It goes after the verb "to be."

**I always go to church on Sundays.**

**I am always tired after work.**